

April 26 - May 2 (week 9)

GROCERIES

- 1 box of crackers
- Assorted plastic containers with lids
- Assorted safety pins
- Dry cereal

HOUSEHOLD SUPPLIES

- Double-sided tape or Velcro-type fasteners to secure moveable objects
- Masking tape

FIRST AID SUPPLIES

- Extra hearing aid batteries (if needed)
- Extra prescription medications
- First aid book

May 3 - 9 (week 10)

GROCERIES

- 1 box of heavy-duty garbage bags
- 1 box of quick energy snacks
- Ice chest
- Sandwich bread (freeze until needed)

HOUSEHOLD SUPPLIES

- Camping or utility knife
- Polk County Shelter Map
- Local and state road maps
- Plywood and fasteners to cover windows
- Wall plug, non-electrical phone

May 10 - 16 (week 11)

GROCERIES

- 2 rolls of paper towels
- 1 can of meat
- 1 can of fruit

HOUSEHOLD SUPPLIES

- 1 box of disposable dust masks
- Assorted screwdrivers
- Plastic safety goggles
- Handsaw and/or chain saw, fuel
- Generator and extra fuel

PET SUPPLIES

- Pet carrier (airline approved)
- 3-day supply of food and water
- Treats and toys
- Collar with a sturdy leash

Things to Know

Plan for one gallon of drinking water per person per day for at least three days. i.e. a family of four will need 12 gallons of water for all three days.

How to use your unscented liquid bleach and medicine dropper - In an emergency, you can use them to treat water for drinking by using 16 drops of bleach per gallon of water. **Do not use** scented, color safe, or bleaches with added cleaners.

When diluted, one part bleach to nine parts water can be used as a disinfectant.

Program your NOAA Weather Radio with local SAME code. Follow manufacturer instructions.

Polk's SAME code is 012105.

Prepare. Plan. Be Informed.

Polk County Emergency Management educates and empowers Polk's citizens to take some simple steps to prepare for potential emergencies. We ask you to do three key things: *Prepare* an emergency supply kit, make a family emergency *plan* and *be informed* about different types of emergencies.

Everyone should have basic supplies on hand in order to survive at least three days if an emergency occurs. This is a comprehensive list of items you should include in your emergency preparations. It is designed to add a few items to your regular shopping list each week to help budget the expense and avoid a last-minute rush. It is important you review this list, consider where you live and the unique needs of your family in order to create an emergency supply kit that meets your needs. You may already have some of these items at home. Make sure they are in working order and ready in the event of an emergency. The cost of being prepared is nothing compared to the cost of a life.

Important documents to keep in a waterproof, portable container:

- Passports
- Social Security cards
- Immunization records
- Medical records
- Will or testament
- Insurance policies
- Contracts
- Deeds
- Stocks and bonds
- Bank account numbers
- Credit card information
- Household inventory
- Important phone numbers
- Family records/certificates

Special Needs Residents

If you or a family member are eligible for special needs assistance or need transportation during an emergency evacuation, register in advance by calling (863) 298-7027 or visiting www.polk-county.net.

Know your flood elevation

Your flood elevation could determine whether you need to evacuate. Find your elevation by calling (863) 534-6767.

Hurricane season
begins June 1
Prepare. Plan. Be Informed.

Publix.



www.visitcentralflorida.org
(800) 828-7655



join the conversation.

DIAL 9-1-1 IN AN EMERGENCY

Polk County Fire Rescue
Emergency Management
(863) 519-7350

Citizen Information Line
(863) 401-2234 or 1-866-661-0228
www.polk-county.net

[Facebook.com/polkcountyem](https://www.facebook.com/polkcountyem)
[Twitter.com/PolkEmergency](https://twitter.com/PolkEmergency)



Hurricane
Kit

Shopping List



Adding a few items
to your regular
shopping list each week
is the easiest way
to complete your
three-day
hurricane kit
and avoid the
last-minute rush.



To Do List

- MAKE** a family plan. Define each family member's responsibilities and determine where your family will ride out the storm.
- RECORD** the contents of your home with a video camera. Store a hard copy i.e. tape, DVD, CD, USB drive, etc., with a friend or family member who lives out of town.
- PHOTOCOPY** important papers and store safely.
- ESTABLISH** an out-of-state contact to call in case of emergency.
- INSTALL** and/or test your smoke alarms.
- OBTAIN** cash or travelers checks.
- CHECK** with your child's day care/school to learn about their disaster plans.
- MAKE** preparations in your plan for your pet. Pet shelters are available.
- ENSURE** your pet's vaccinations are up to date.
- LOCATE** your water meter and electrical shutoff.
- TRIM** trees and store loose objects.
- PREPARE** a "go kit" in case you need to evacuate. The "go kit" should include important documents, cash or travelers checks, a 10-day supply of medication, emergency phone numbers and video/photos of belongings.

March 1 - 7 (week 1)

GROCERIES

- 1 gallon of drinking water per person
- 1 jar of peanut butter
- 1 can of meat
- Hand-operated can opener
- Instant coffee, tea, powdered drinks
- Matches (wooden ones are best)

HOUSEHOLD SUPPLIES

- Flashlights (one per person)
- Hammers
- Assorted nails
- Wood screws
- NOAA Weather radio

March 8 - 14 (week 2)

GROCERIES

- 1 gallon of drinking water per person
- 1 box of heavy-duty garbage bags
- 1 can of fruit
- Personal products
- Baby food, baby supplies (if needed)
- Aluminum foil

HOUSEHOLD SUPPLIES

- Smoke alarms with batteries
- Heavy work gloves
- Extra batteries (assorted sizes)
- Duct tape
- Broom, mop and bucket

March 15 - 21 (week 3)

GROCERIES

- 1 gallon of drinking water per person
- 1 can of vegetables
- 1 jar of jelly or jam
- 1 4-roll package of toilet paper
- 1 large tube of toothpaste
- 1 box of anti-bacterial wipes/liquid sanitizer
- Special foods for special diets (if needed)

FIRST AID SUPPLIES

- Aspirin and/or acetaminophen
- Rolls of gauze or bandages
- First aid tape
- Adhesive bandages (assorted sizes)

March 22 - 28 (week 4)

GROCERIES

- 1 gallon of water per person for sanitation
- 1 can of ready-to-eat soup (not concentrate)
- 1 can of fruit
- 1 can of vegetables
- 1 bottle of shampoo

FIRST AID SUPPLIES

- Scissors
- Tweezers
- Antiseptic
- Thermometer
- Spare eyeglasses or contact supplies
- Items for denture care (if needed)

March 29 - April 4 (week 5)

GROCERIES

- 1 can of ready-to-eat soup (not concentrate)
- Liquid dish soap
- 1 gallon of unscented liquid bleach
- 1 can of meat
- Mosquito repellent

HOUSEHOLD SUPPLIES

- Waterproof portable container for important documents
- Portable am/fm radio (with batteries or hand crank)
- Blankets/sleeping bag for each family member
- Portable camp stove or grill
- Stove fuel or charcoal and/or lighter fluid

April 5 - 11 (week 6)

GROCERIES

- 1 large can of juice
- 1 box of gallon freezer bags
- 1 box of quick energy snacks
- 2 rolls of paper towels
- Plastic wrap
- Oven mitts

FIRST AID SUPPLIES

- Anti-diarrhea medicine
- Rubbing alcohol
- 1 box of latex gloves
- Hydrogen Peroxide
- Petroleum Jelly
- Medicine dropper

April 12 - 18 (week 7)

GROCERIES

- 1 can of meat
- 1 can of fruit
- 1 can of vegetables
- 1 package of paper plates
- 1 package of eating utensils
- 1 package of paper cups
- Adult vitamins

HOUSEHOLD SUPPLIES

- Whistle
- ABC fire extinguisher
- Pliers or wrench
- Vise Grips

April 19 - 25 (week 8)

GROCERIES

- 1 can of meat
- 1 can of vegetables
- 1 box of heavy-duty garbage bags
- Facial tissues
- 1 box of quick energy snacks

HOUSEHOLD SUPPLIES

- Tarps or canvas for temporary roof repair
- Crowbar
- Hatchet
- Battery powered camping lantern