

# Polk HealthCare Plan Medical Director Report

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TODD WILLS, MD

JUNE 17, 2016



# Case Management Services

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Administered in the following fashion:

- One on one telephone contact
- One on one meetings with the Member in the office or on the mobile unit
- Community Classes
- Email
- Postal delivery of printed materials

Frequency of contact individualized to suit the needs of each Member

# Diabetes Case Management

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**276 (258 3/16)** Patient Under Management

- Threshold for Management Hgb<sub>A1c</sub> >9 or PMD referral
- Primary Measure – HgbA1c improvement

Other Variables Tracked

- Eye Exam, Foot Exam, LDL, Blood Pressure
- Awareness of Diagnosis
- Language barrier/Interpreter

195 (177 3/16) Patients with at least 2 HgbA1c measure

- **161 (143 3/16)** with improved HgbA1c
  - (82.6% - was 80.8% 3/16)
  - 96 with HgbA1C less than 9.0 (**59.6%**) (60.1% in 3/16)
  - Range of improvement (-0.1 - - 10.1)

# Health Council of West Central Florida (MedNet) Diabetes Pilot

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# Injectable Insulin – Plan Costs

Q4 2015	Q1 2016	Therapeutic Class (Use)	# of Claims	% Total Rxs	% Claims Generic	% Plan Paid/Rx	Total Plan Paid \$
1	1	HUMAN INSULIN (Diabetes, <i>Levemir</i> )	749	2.5%	0.0%	99.0%	\$297,753

Q4 2015	Q1 2016	Medication	Therapeutic Use	# of Claims	Brand / Generic	Total Plan Paid \$
1	1	LEVEMIR	HUMAN INSULIN	321	Brand	\$153,755
2	2	NOVOLOG	HUMAN INSULIN	178	Brand	\$69,033

# MedNet Pilot Program Outline

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- Disease specific program focusing on medicines for diabetes
- Will utilize MedNet navigators to acquire diabetic medicines (non formulary oral and injectable agents) for patients at selected primary care clinics (meetings planned for July 2016)
- Options for candidate medications include novel delivery modes (auto-pen injectors) for insulin products
- Goal will be to utilize documentation of financial eligibility for Patient Assistance Programs already available to the plan.
- Can expand to include medications for complications of diabetes (peripheral neuropathy treatment, etc.)